



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted.

Staff will try their best to meet everyone's needs, but if behavior problems persist,
you will be asked to provide an aide or to withdraw from the activity.



January/February 2009

DEAR PARENTS & FRIENDSHIP CLUB MEMBERS:

Please note the highlights below:

A SECOND DAY OF THE DAYTIME GROUP IS NOW BEING OFFERED ON TUESDAYS AT THE TROY COMMUNITY CENTER. The schedule is similar to the Thursday group, but the events occur different weeks. The Thursday group is full for new enrollees, but there is plenty of room for new participants on Tuesday. See more information later in this newsletter.

PLEASE NOTE: In order to get a handle on our mailing list, **we will be removing all inactive members - individuals that have not filled out a 9/2008-8/2010 registration form** as of January 15, 2009. These forms are required for participation, and have been available since September. Drop it off or mail it to the Community Center and we will send you a new Friendship Club membership card. You **must** show this membership card when attending all activities. If you do not have a form on file, then you have not participated since September and will be removed from the mailing list. If you want to complete a registration form, please stop at the Community Center front desk or call 248-524-3484 and we will mail one to you. Thank you!

NEW OPTIONAL PUNCHCARD!!!!

Activity punch card now available for purchase!!!! This can be used to pay for all activities that are \$4.00. This includes Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo. Purchase a punch card at the front desk for \$40 and it is good for admission into ten \$4.00 events. There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

PLEASE DO NOT DROP PARTICIPANTS OFF EARLY FOR AN EVENT AND LEAVE. THE PARKS AND RECREATION FRONT DESK STAFF ARE NOT RESPONSIBLE!!

Reminder No Bowling January 3rd, 2009.

Wear your red to bowling on February 14 in honor of Valentines Day!!!

Thanks for your cooperation!
Elaine Torvinen

JANUARY

MONDAY, January 5 - DINERS CLUB Please register by Friday prior to event.

The restaurant this month will be Alex's of Rochester 3178 Rochester Rd Rochester Hills
248-689-6070.

Activity #135308 F Riding in Troy Vans (limit 17)

Activity #135308 FF Meet at restaurant (own transportation)

Time: 6-8:15 p.m.

Location: 135308F Meet at Troy Community Center at 6pm. **135308FF** meet at the Restaurant at **6:30pm**

Cost: \$22 – includes dinner, beverages, tip, chaperones and transportation from the Community Center.

MONDAY, January 12- MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center.

The movie will be *Journey to the Center of the Earth.*

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: \$4.00 (includes movie, drink, and a pizza snack). **NO PRE-REGISTRATION REQUIRED**

Aides may purchase pizza \$1.00/slice. Please place your order when you check in.

FRIDAY, January 9 - FRIDAY FROLIC –This dance is for persons 16 and up. Join us and bring a friend!!!

Reservations are not required.

Time: 7:00 - 9:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

MONDAY, January 19 - KARAOKE AND DANCING

Pop and chips will be served while fun will be had singing along with the latest and greatest artists. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7:00 - 8:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE REGISTRATION REQUIRED** Aides may purchase pop and chips for \$1.

MONDAY, January 26 - BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30 pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED** Aides may purchase pop and chips for \$1.

FEBRUARY

MONDAY, February 2 - DINERS CLUB Please register by Friday prior to event.

The restaurant this month will be at Chili's 402 W. 14 Mile Rd Troy 248-589-2119.

Activity # 135308G Riding in Troy Vans (limit 17)

Activity #135308 GG Meet at the restaurant(own transportation)

Time: 6-8:15p.m.

Location: 135308G Meet at Troy Community Center at 6pm. **135308GG** meet at the Restaurant at **6:30pm**

Cost: \$22 – includes dinner, beverages, tip, chaperones and transportation from the Community Center.

MONDAY, February 9 – MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center. The movie for will be *Chronicles of Narnia, Prince Caspian.*

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: \$4.00 (includes movie, drink, and a pizza snack). **NO PRE-REGISTRATION REQUIRED**

Aides may purchase pizza \$1.00/slice. Please place your order when you check in.

FRIDAY, February 13 – FRIDAY FROLIC –This dance is for persons 16 and up. Join us and bring a friend!!! Reservations are not required.

Time: 7:00 – 9:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

MONDAY, February 16 –KARAOKE AND DANCING

Pop and chips will be served while fun will be had singing along with the latest and greatest artists. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7:00 – 8:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE REGISTRATION REQUIRED** Aides may purchase pop and chips for \$1.

MONDAY, February 23 – BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30 pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED** Aides may purchase pop and chips for \$1.

DAYTIME FRIENDSHIP CLUB

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. The fee is \$68 per month for one day or \$136 per month for both days.

Pre-registration is required and you must register for the entire month. You can register now for any month through June of 2009. Please let us know if you have any questions. You can call Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov

Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.

We ask that new participants attend with a family or staff member on a Tuesday or Thursday prior to registering to check out the program and give staff time to ask questions to ascertain the needs of the participant. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

The activity numbers for the 2008-2009 season are as follows:

Tuesdays

January (135306 E)

February (135306F)

March (135306 G)

April (135306 H)

May (135306 J)

June (135306 K)

Thursdays

January (135305G)

February (135305H)

March (135305 J)

April (135305 K)

May (135305 L)

June (135305 M)

Daytime Friendship Club Sample Schedule

Morning – Current events & gym

Lunch – Please refer to the monthly schedule for lunch plans. One week, we may go out for lunch. One week we provide pizza and salad. The other weeks participants bring their own sack lunch.

Afternoon – The activities planned for the afternoon include community trips, walks, karaoke, dancing, movies, games, service projects, crafts, birthday parties, swimming and more!!!

Staff will try their best to meet everyone's needs, but if personal daily living needs or behavior problems persist we will ask you to provide an aide or withdraw from the program. Aides are not required to pay the \$68 fee but must pay for meals, admission fees for field trips and other incidentals. Please come prepared to pay the appropriate fee. A receipt can be issued for reimbursement purposes.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for reservation information. There is no charge for Medi-Go, but donations are accepted.

My Chance to Dance

Winner of the 2002 Governor's Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$5 per class for drop-in students or \$35 for eight classes paid in advance. No class December 25 and Jan. 1. ATTN MORC Clients: Ask your support coordinator how you can attend this class for FREE!

Day	Time	Location	Begins	Ends
Thursday	7-8 p.m.	Big Beaver Church, 3753 John R	Jan. 8	April 30

Basketball

Register now for the 10-week winter basketball session. Participants will be divided in to four teams. Join coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

Act. #	Day	Time	Location	Fee	Begins	Ends
145343D	Tuesday	6:30-8:30pm	Community Center	\$52	Jan. 6	Mar. 10



Special Olympics
Michigan
Oakland County

Team Troy Special Olympics Parent's Page

(248) 524-3484 3179 Livernois Troy, MI 48083

Anyone needing information regarding health forms can contact the Special Olympics office at (586) 731-0922.



DETROIT RED WINGS VS EDMONTON OILERS SATURDAY, FEBRUARY 7, 3:00PM

Come along with the Troy Staff and your Friendship Club Friends to a Red Wings Game.

Enjoy the game from the comfort of a suite which includes big screen televisions for better viewing.

All food will need to be purchased on your own. We will travel to the game by bus from the Troy Community Center. If you are interested in attending this game **tickets are very limited**, so don't wait too long to purchase your ticket. This would make a great Christmas present!

Activity #115304A \$53.00

May be purchased beginning December 22, 2008 in person or online at the Troy Community Center.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Activity #: _____ **Fee** _____

Address _____

Activity #: _____ **Fee** _____

City _____ **Zip** _____

Activity #: _____ **Fee** _____

Phone _____

Activity #: _____ **Fee** _____

TOTAL DUE: _____

Signed: _____ **Date:** _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:

Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.ci.troy.mi.us and click on the Parks and Rec Registration button on the home page. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.

ON GOING EVENTS

Basketball	Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Pre-registration is required. Minimum age: 16.
Bowling	Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square Lake west of John R). <u>\$5 per week includes shoes and three games.</u> Drop-in. Minimum age: 10.
Daytime Friendship Club	Tuesday and Thursday from 10 a.m. – 3 p.m. at the Community Center. Activities include sports, field trips, movies, games and more. \$68 month for 1 day or \$136 for both days. <u>Pre-registration is required.</u> Minimum age: 18.
Diners Club	Meet at the Community Center on the first Monday of each month and travel by van to a local restaurant for dinner. Pre-registration is required by the Friday prior to event. Minimum age: 16. Limit of 16 passengers in vans
Friendship Club	For teens and adults with developmental disabilities, this club meets on the second, third and fourth Monday evening at the Troy Community Center. The second Monday is Movie and Pizza night, third Monday is Karaoke and Dancing, and the fourth Monday is Bingo night. Reservations are not required. Minimum age: 13.
Friday Frolic	This dance for teens and adults with developmental disabilities is held on the second Friday of each month (except July and August) at the Troy Community Center from 7 – 9:30 p.m. The fee is \$4 at the door. Reservations are not required. Minimum age: 16.
My Chance to Dance	Thursday evenings from 7-8pm at the Big Beaver United Methodist Church September – April. Minimum age 13.
Performing Arts Club	For teens and young adults with developmental disabilities. Wednesdays (except the 3 rd Wed.) from 7-9 pm at the Troy Community Center. A donation of \$2 per week is requested. Co-sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-585-5246. Minimum age: 16.
Soccer League	Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA 248-524-0170 for information.
Softball	A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-registration by April 1 required. Minimum age: 16.
Special Events	Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.
Special Olympics	Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8.
Weight Watchers	Thursdays at 6:15 pm at the Troy Community Center. The fee is .50 per week plus a \$1 initiation fee. Braille is available. Persons accompanying a program participant may participant for the same fee. Cosponsored by the ARC. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.
Wheelchair Sports	For men and women 18 and older with physical disabilities. Friday evenings at Boulan Middle School, September through March. Call Oakland County Parks at 248-858-7596 for details.

January 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 No Bowling
4	5 Diner's Club 6:00pm-8:15pm	6 Friendship Club 10am-3pm Basketball 6:30-8:30pm	7 Performing Arts 7:00pm	8 Friendship Club 10am-3pm W. Watchers 6:15	9 Friday Frolic 7-9:30pm	10 Bowling 11am-1pm
11 "Hairspray" the Musical 4:30-8:45pm	12 Movie and Pizza 6:30pm-8:30pm	13 Friendship Club 10am-3pm Basketball 6:30-8:30pm	14 Performing Arts 7:00pm	15 Friendship Club 10am-3pm W. Watchers 6:15	16	17 Bowling 11am-1pm
18	19 Karaoke and Dancing 7-8:30pm	20 Friendship Club 10am-3pm Basketball 6:30-8:30pm	21	22 Friendship Club 10am-3pm W. Watchers 6:15	23	24 Bowling 11am-1pm
25	26 Bingo 7pm-8:30pm	27 Friendship Club 10am-3pm Basketball 6:30-8:30pm	28 Performing Arts 7:00pm	29	30	31 Bowling 11am-1pm

February 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Diner's Club 6-8:15pm	3 Friendship Club 10am-3pm Basketball 6:30-8:30pm	4 Performing Arts 7:00pm	5 Friendship Club 10am-3pm W. Watchers 6:15	6	7 Bowling 11am-1pm Red Wings Game 1:30-6:30pm
8	9 Movie and Pizza 6:30pm-8:30pm	10 Friendship Club 10am-3pm Basketball 6:30-8:30pm	11 Performing Arts 7:00pm	12 Friendship Club 10am-3pm W. Watchers 6:15	13 Friday Frolic 7-9:30pm	14 Valentines Bowling 11am-1pm
15	16 Karaoke and Dancing 7-8:30pm	17 Friendship Club 10am-3pm Basketball 6:30-8:30pm	18	19 Friendship Club 10am-3pm W. Watchers 6:15	20	21 Bowling 11am-1pm
22	23 Bingo 7pm-8:30pm	24 Friendship Club 10am-3pm Basketball 6:30-8:30pm	25 Performing Arts 7:00pm	26	27	28 Bowling 11am-1pm